THE JOURNEY IS THE GOAL

mbrc
mt. buller race club

STARRING MBRC OLYMPIANS

CHUMPY PULLIN - SBX
SBX WORLD CHAMPION 2011
WORLD RANKING # 1

STEPH HICKEY - SBX
OLYMPIC WINTER GAMES 18TH
TOP 15 RESULTS IN WC

KATYA CREMA - SX
OLYMPIC WINTER GAMES 15TH
WORLD RANKING # 18

JOH SHAW - PGS
OLYMPIC WINTER GAMES 19TH
7 TOP TEN RESULTS IN WC

MIKE RISHWORTH - ALPINE
AUSTRALIA S FASTEST SLALOM SKIER
WORLD SKI CHAMPS 35TH

ANTON GRIMUS - SX
WORLD SKI CHAMPS 30TH
TOP 10 RESULT IN WC

FIND OUT WHAT IT TAKES TO BECOME AN OLYMPIAN AND EVERYTHING ABOUT THE NEW PROGRAM 2011 ON MBRC.ORG.AU AND FACEBOOK/MTBULLERRACECLUB

INFO@MBRC.ORG.AU _ 0417 200 640 _ 5777 6715

Mt Buller Race Club Inc.
PO Box 34 Mt. Buller 3723

Welcome to the 2011 Mt Buller Race Club edition of Gates, Rates & Dates.

This edition contains an overview of activities, dates and details for the 2011 season.

Please use this publication as a base of knowledge and refer to the website for the many facts and details to assist parents.

HOTLINE – Information on training times – Updated each evening! CALL 9513 0391

WEBSITE - www.mbrc.org.au

FACEBOOK – facebook/mtbullerraceclub

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Program Staff 2011

MBRC COMMITTEE

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Annie Shearman	Mob_ 0418 568 115 / Email_ sfamily@bigpond.net.au

STOFFL MAIER
Program director

Christoph "Stoffl" is an Austrian country boy, who is fortunate to follow his passion with working in the snowfields all-year and all around the world.

After alpine ski racing up to the age of 15, he swapped his skis for a snowboard. After about 3 years of riding, the "carving revolution" got him back on skis. Stoffl studied sport science and sports management at Innsbruck University and worked during his studies for 3 years at the National Ski Academy of the Austrian Ski Federation at St. Christoph/Arlberg. He is fully certified by the Austrian Ski Federation as a race coach, ski instructor and ski guide.

His coaching career was followed by four seasons with MBRC (2003-2006), ski race training with his company MSR (MaierSkiRacing) in his hometown Leogang/Austria and 2 years with the Australian National Alpine Ski Team.
Stoffl has now returned to Mt. Buller for his second season as Program Director. He is married to his wife Margarita and has two boys Lukas, 3 years, and Niklas, 1 year.

CHRIS MC KNIGHT
Head Coach Alpine

Chris was born in Vancouver Canada, but grew up in Whistler. He has skied for the past 30 years and coached for the past 17.

He is currently certified by the Canadian Ski Coaches Federation (Level 3), the Canadian Ski Instructions Alliance (Level 3) and the National Coaching Certification Program (Level 3).

Chris worked for both the Whistler Mountain Ski Club and Blackcomb Ski Club where he coached everything from K1 to FIS. In 2004/2005 he experienced his first season with MBRC as a fulltime coach at the C1/C2 groups. Recently he worked with the Banff Alpine Racers as an Assistant Head Coach for the FIS Program but was responsible for the men's team. He was also selected 3 times for an integration program where 8 coaches from across Canada are selected to work in with the Canadian Alpine Ski Team at their pre season camps.

MANE BLOMEIER
Head Coach Snowboard

Born in Bavaria and immigrated to the coldest place on earth, called "Stubaier Glacier" back in Austria.

He has been doing snowboard-coaching for 12 years and coached at Falls Creek for 3 years with the Falls Creek Race Club. At Mt. Buller he started with the Haileybury Program as the head snowboard coach, including two Northern Winters and one here at Mt Buller.

Mane has now returned to Mt Buller for his second season with MBRC as the Snowboard Head Coach.
He is an Austrian Level 3 instructor and snowboard-guide, who loves back country in all its variations; he is a passionate free rider.

He is also involved in the Austrian snowboard instructor education and travelled as far as Russia teaching this.
Sport is what he always liked to do, preferably outdoors from rock climbing to lately surfing.

SUE ANTHONY
Administrative Assistant

All other race & snowboard coaches are supplied under contract by Buller Ski lifts Ltd.

Alpine Child Full Time: Anthony Hill – Zuzana Smerciakova
Alpine Child Part Time: Annie Mc Cormack – Palo Razus – Katharina Bergmann – Michael Feichtner
Alpine FIS: Stephen Brown
Alpine Skicross: Eric Digruber
Snowboard: Francesco Erioldi

Mt Buller Race Club Office

The MBRC Race Hut is located at the top of Summit Road on the right about ten metres uphill from the entrance to Twin Towers. The Race Hut will be the centre of operations during the winter season.

In order to run the club efficiently, please direct your enquiries to the appropriate people at the appropriate times, as listed below…

ADMINISTRATION

Re. payments, race entries, functions, website …

Office hours: THURSDAY – SUNDAY, 3 – 5 PM

The office numbers are:
Ph: 5777 6221 and 5777 6715
Fax: 5777 6433
Hotline: 9513 0391 (re. training times, updated daily)

The numbers are connected to voicemail if no one is in attendance.

Email contact: info@mbrc.org.au or mbrc2@bigpond.com
Website: www.mbrc.org.au

TECHNICAL PROGRAM STAFF

Re. athletes' development, program structure …

Program Director _ Stoffl _ Day Off irregular _0417 200 640
Alpine Head Coach _ Chris _ Day Off on Sunday _ 0419 388 425
Snowboard Head Coach _ Mane _ Day Off on Monday _ 0448 570 732

Please contact us between 8am and 4pm.

SOCIAL EVENTS/MEETINGS

There are a number of information and social events for Club members and their parents during the year.

Opening cocktail party

Date: Saturday 2nd July 2011
Time: 6pm
Place: Clubhouse

Sports Psychology Sessions for Parents

Date: 9th of July 2011 and 16th of July 2011
Time:5 – 6pm
Place: Clubhouse

Find out about the tricks and tools to perform under pressure. This session will help you to understand the athletes´ need on a competition day. Please book your spot through the office.

Race Officials training

Date: TBA
Time: TBA
Place: TBA
Invitees: Parents without experience in providing race assistance.

This session will provide gate keeping, course work and other assistance required by racers.

Parent / Coach Group Meeting

Date: Saturday 9th of July 2011
Time: 4.00pm
Place: Moosehead Bar, Abom
Invitees: Parents

This is an opportunity for parents to meet with their children's coaches to learn more about the specific program they are undertaking.

Parent / Coach Individual Progress Report (only Part Time Children's Programs)

Date: Saturday 30th of July 2011
Time: 5 – 6 pm
Place: Race Club

A timetable will be worked out and parents will receive individual feedback to their children's progress.

Parent / Coach Individual Progress Report (only Full Time Children's Programs)

Date: Saturday 6th of August 2011
Time: 5 – 6 pm
Place: Race Club

A timetable will be worked out and parents will receive individual feedback to their children's progress.

MBRC Fundraising Event

Date: 30th July 2011
Time: TBC
Place: TBC
Invitees: Parents, sponsors, supporters and their friends!

Club awards BBQ

Date: Saturday, TBC
Place: TBA
Participants: All parents and squad members

This event celebrates the achievements of our athletes during the season, and it is the occasion on which we present the Club's awards for the season.

MBRC RACE EVENTS – ON MOUNTAIN

MBRC Club Races for all members

- Grimus Pullins Cup
  Alpine - Snowboard
  Date: Wednesday 13th July 2011
  Participants: All Members - *Twilight Race*
  Presentation: After the race in the finish area

- Mt Buller Cup (GS)
  Alpine - Snowboard
  Date: Saturday 16th July 2011
  Participants: All Members
  Presentation: TBA

- King of the Mountain – 12th till 14th of August 2011 – GS, PGS, SX (Details to follow shortly)

- Note: All MBRC members will be automatically entered into the first two races, coaches will arrange entries for the "King of the Mountain" race weekend.

FIS Alpine

- "3rd Tom Mathias Memorial" Event (SL) – 3rd & 4th of August 2011

- Eligible members will be entered into these events after parents or children have notified the office.
- Parents will be charged race entries.

There are some events throughout the season MBRC does not organize (2XU Grand Prix Series for C0, C1 and various BSL events and Interschools). In most cases MBRC will not enter children unless it is considered part of our program. Children & parents may enter these competitions.

Victorian and Australian Interschools Championships

The Club has no role at all in these events. The Snowsports Development Foundation runs the competition and entries are organized through the athlete's school. For further information, please visit www.interschools.org.au.

Off Mountain Events

For dates and events please refer to the MBRC Race&Events Calendar.

Supervision – Children

- Coaches will supervise athletes during training & competition times. Any other time, parents have to supervise children.

Accommodation & travel – Children

- MBRC will arrange accommodation & transportation only for coaching staff attending the event.
- It will be the parent's responsibility to accommodate & transport athletes to resorts.

Accommodation & Travel – FIS

- MBRC will only arrange accommodation & transportation for coaching staff. Parents have to make their own arrangements for transportation of athletes to off mountain races.
- After we have received the expression of interest, a MBRC race coordinator will contact the relevant parents and will assist with accommodation and transportation organization (ie. recommending accommodation options and travel/transportation options).

Communication

The Club places great importance on communication with its members, and has undertaken a range of initiatives to ensure that members are kept properly informed.

Website www.mbrc.org.au

The Club website contains News, Program Information and other relevant resources like race results, racer photos, online copies of newsletters, and a shop for racers to sell used snowsports equipment.

Photos and News Items

We are always on the lookout for photos and news items on athletes and families of the Mt Buller Race Club. Contact the Race Club or email photos and messages to **info@mbrc.org.au**

Hotline 9513 0391

Ring the club hot line on evenings prior to training or race's for information on training session start times.

Email info@mbrc.org.au

The Club uses email extensively to communicate with parents and racers during the season. If your email address changes, please ensure that you update your email address with the MBRC office. We need both parents' AND athletes' email addresses.

Meetings and information evening

The Club organises a range of meetings during the season to keep parents informed of the program and of the progress of their children. These include the meeting with coaches at the end of the first week of the program, and the coach-parent interviews towards the end of July.

SSA & FIS Racing Licences

All C1, C2 and FIS aged athletes are required to have a current Ski and Snowboard Australia license.

They can be purchased through the SSA website (details below).

All FIS racers, who are wishing to compete in FIS sanctioned races such as the Australian Championships *must* have a current FIS Alpine licence which needs to be purchased through SSA. Athletes, who wish to compete at the Australia New Zealand Cup (ANC) Skicross races at Mt. Hotham, need to apply for a FIS Freestyle license!

For details and application contact ***Ryan Taylor*** at Ski & Snowboard Australia:
Phone: 9696 2344
Email: rtaylor@skiandsnowboard.org.au
Web: www.skiingaustralia.org.au

Snowsports Organisations

SSA - Ski & Snowboard Australia Ltd

Ski & Snowboard Australia Ltd ("SSA") is the organisation formed in 1994 as the national body overseeing snowsports in Australia. All the State Skiing and Snowboard Associations are affiliated and all interested skiers and snowboarders are eligible to join as individual members of SSA. All Child 1, Child 2 & FIS MBRC Members must become members off SSA and their discipline if they wish to compete in the Children's Series and FIS races.

To become a member of SSA follow the link on the website

www.skiingaustralia.org.au

For more information contact ***Ryan*** at Ski & Snowboard Australia **9696 2344**

MBRC RACE EVENTS CALENDAR 2011

EVENTS FOR ALL AGE CATEGORIES	
CHILDREN´S EVENTS	
FIS/JUNIOR EVENTS	

DATE	MT BULLER EVENTS	OFF MOUNTAIN EVENTS			ATHLETE SESSIONS	PARENT SESSIONS	COACHES SESSIONS
		ALPINE	SKICROSS	SNOWBOARD		SOCIAL EVENTS	
7/2/11						MBRC Welcome Cocktail Party 6-8pm @ Clubhouse	
7/3/11					Get2gether @ Altitude 6pm (Kids & Parents)	Get2gether @ Altitude 6pm (Kids & Parents)	
7/4/11							Get2gether @ Altitude 6pm (Coaches)
7/5/11							
7/6/11					Physical training @ Sportshall/Gym 5-6.30pm		Weekly meeting
7/7/11							
7/8/11							
7/9/11					Sports Psychology: 3-4pm FIS, 4-5pm C2 kids @ Club	Sports Psychology Session 1: 5-6pm Parents @ Club	
7/10/11				2 XU Grand Prix Championships	Physical training @ Sportshall/Gym 1.30-3pm	Parent/coach meeting 4-5 pm @ ABOM downstairs	Sports Psychology Session 1: 6-7pm @ Club
7/11/11							Weekly meeting
7/12/11							
7/13/11	MBRC Club Race (Grimus & Pullin Cup)	MBRC Club Race (Grimus & Pullin Cup)	MBRC Club Race (Grimus & Pullin Cup)	MBRC Club Race (Grimus & Pullin Cup)			
7/14/11					Physical training @ Sportshall/Gym 5-6.30pm		
7/15/11					Sports Psychology: 4-5pm C2 kids @ Club		
7/16/11	Mt Buller Cup	Mt Buller Cup	Mt Buller Cup	Mt Buller Cup	Sports Psychology: 4-5pm FIS @ Club	Sports Psychology Session 2: 5-6pm Parents @ Club	
7/17/11				2 XU Grand Prix Championships			Sports Psychology Session 2: 5-6pm @ Club
7/18/11							
7/19/11				Freeride Series Thredbo SS			
7/20/11							Weekly meeting
7/21/11							
7/22/11		Travel Day Buller-Falls					
7/23/11		SSA VIC Children´s Series GS Falls					
7/24/11		SSA VIC Children´s Series SL Falls					
7/25/11							
7/26/11							
7/27/11							Weekly meeting
7/28/11				Travel Day Buller-Hotham			
7/29/11				AUS Junior SB Series Mt. Hotham BA			
7/30/11				AUS Junior SB Series Mt. Hotham RS	MBRC FUNDRAISER NIGHT	Progress Report Child Part Time (5-6pm) @ Club	
7/31/11	Nat. Coordination Camp BLR		IS Grand Prix SX Mt. Hotham	AUS Junior SB Series Mt. Hotham SBX			
8/1/11	Nat. Coordination Camp BLR		SSA Futures SX camp Perisher				
8/2/11	Nat. Coordination Camp BLR		SSA Futures SX camp Perisher	Freeride Series Thredbo SBX			
8/3/11	FIS SL BLR		SSA Futures SX camp Perisher				Weekly meeting
8/4/11	FIS SL BLR						
8/5/11	Weather Day			FIS ANC SBX Mt. Hotham			
8/6/11				FIS ANC SBX Mt. Hotham		Progress Report Child Full Time (5-6pm) @ Club	
8/7/11	VIC Interschools XC	Travel Day Buller-Thredbo		FIS ANC SBX Mt. Hotham			
8/8/11		FIS GS TBO					
8/9/11		FIS GS TBO					
8/10/11		FIS SL TBO					Weekly meeting
8/11/11		FIS SL TBO / Travel Day BLR-PER					
8/12/11	King of the mountain BLR - GS	SSA AUS Children´s Series GS Perisher	King of the mountain BLR - GS	King of the mountain BLR - GS			
8/13/11	King of the mountain BLR - PGS	SSA AUS Children´s Series SL Perisher	King of the mountain BLR - PGS	King of the mountain BLR - PGS			
8/14/11	King of the mountain BLR - SX/SBX	SSA AUS Children´s Series SX Perisher	King of the mountain BLR - SX/SBX	King of the mountain BLR - SX/SBX			
8/15/11		Mt. Hotham ANC GS					
8/16/11		Mt. Hotham ANC GS					
8/17/11		Mt. Hotham ANC SL					Weekly meeting
8/18/11		Mt. Hotham ANC SL					
8/19/11		Weather Day					
8/20/11			FIS ANC SX Training Mt. Hotham	Mt. Buller Team Challenge GS			
8/21/11	VIC Interschools BLR		FIS ANC SX Mt. Hotham				
8/22/11	VIC Interschools BLR	NZL Winter Games	FIS ANC SX Mt. Hotham				
8/23/11	VIC Interschools BLR	NZL Winter Games					
8/24/11	VIC Interschools BLR	NZL Winter Games					Weekly meeting
8/25/11	VIC Interschools BLR	NZL Winter Games					
8/26/11	VIC Interschools BLR						
8/27/11		NZL Winter Games			CHAMPIONS SHINDIG @ Clubhouse	CHAMPIONS SHINDIG @ Clubhouse	CHAMPIONS SHINDIG @ Clubhouse
8/28/11		NZL Winter Games					
8/29/11							
8/30/11							
8/31/11							Weekly meeting
9/1/11							
9/2/11							
9/3/11		SSA AUS Children´s Series GS HOT		Thredbo Freeride Series Final SBX			
9/4/11		SSA AUS Children´s Series SL HOT					
9/5/11			SSA AUS Children´s Series SX HOT				
9/6/11			Weather Day				
9/7/11		AUS IS Falls Creek	AUS IS Falls Creek	AUS IS Falls Creek			Weekly meeting
9/8/11		AUS IS Falls Creek	AUS IS Falls Creek	AUS IS Falls Creek			
9/9/11		AUS IS Falls Creek	AUS IS Falls Creek	AUS IS Falls Creek			
9/10/11		AUS IS Falls Creek	AUS IS Falls Creek	AUS IS Falls Creek			
9/11/11		AUS IS Falls Creek	AUS IS Falls Creek	AUS IS Falls Creek			
9/12/11							
9/13/11							
9/14/11							Weekly meeting
9/15/11							
9/16/11							
9/17/11							
9/18/11							

MBRC 2011
JULY SCHOOL HOLIDAY SCHEDULE

DATE	FULL TIME PROGRAMS			PART TIME PROGRAMS			EVENTS	ATHLETE SESSIONS	PARENT SESSIONS
	HOURS	TIME FRAME	PHYSICAL	HOURS	TIME FRAME	PHYSICAL			SOCIAL EVENTS
	COACHING	ON SNOW	TRAINING	COACHING	ON SNOW	TRAINING			
	ON SNOW			ON SNOW		at Sportshall/Gym			
7/2/11	6	8.30-12am and 1.30-4pm		6	8.30-12am and 1.30-4pm				MBRC Welcome Cocktail Party 6-8pm @ Clubhouse
7/3/11	6	8.30-12am and 1.30-4pm		6	8.30-12am and 1.30-4pm			Get2gether @ Altitude 6pm (Kids & Parents)	Get2gether @ Altitude 6pm (Kids & Parents)
7/4/11	6	8.30-12am and 1.30-4pm		6	8.30-12am and 1.30-4pm				
7/5/11	6	8.30-12am and 1.30-4pm		6	8.30-12am and 1.30-4pm				
7/6/11	3.5	8.30-12am	Physical training @ 5-6.30pm	3.5	8.30-12am	Physical training @ 5-6.30pm			
7/7/11	6	8.30-12am and 1.30-4pm		6	8.30-12am and 1.30-4pm				
7/8/11	6	8.30-12am and 1.30-4pm		6	8.30-12am and 1.30-4pm				
7/9/11	6	8.30-12am and 1.30-4pm		6	8.30-12am and 1.30-4pm			Sports Psychology: 3-4pm FIS, 4-5pm C2 kids @ Club	Sports Psychology Session 1: 5-6pm Parents @ Club
7/10/11	DAY OFF	DAY OFF	DAY OFF	3.5	8.30-12am	Physical training @ 5-6.30pm	2 XU Grand Prix Championships		Parent/coach meeting 4-5 pm @ ABOM downstairs
7/11/11	3.5	8.30-12am		6	8.30-12am and 1.30-4pm				
7/12/11	3.5	8.30-12am	Physical training @ 5-6.30pm	6	8.30-12am and 1.30-4pm				
7/13/11	6	8.30-12am and 5-7.30pm		6	8.30-12am and 5-7.30pm		Grimus & Pullin Cup - Start Time 6pm		
7/14/11	3.5	8.30-12am	Physical training @ 5-6.30pm	3.5	8.30-12am	Physical training @ 5-6.30pm			
7/15/11	3.5	8.30-12am		6	8.30-12am and 1.30-4pm			Sports Psychology: 4-5pm C2 kids @ Club	
7/16/11	6	8.30-12am and 1.30-4pm		6	8.30-12am and 1.30-4pm		Mt Buller Cup - Start Time TBC	Sports Psychology: 4-5pm FIS @ Club	Sports Psychology Session 2: 5-6pm Parents @ Club
7/17/11	DAY OFF	DAY OFF	DAY OFF	6	8.30-12am and 1.30-4pm		2 XU Grand Prix Championships		